

Current NC START Teams and Crisis Respite Homes

| Region | Host LME | Provider | Contact | Locations of NC START Teams | Locations of Crisis Respite Homes |
|---------------|---------------------------------|------------------|---------------------|------------------------------------|--|
| Western | Western Highlands Network | RHA, Inc. | 888-974-2937 | Concord Asheville | Statesville |
| Central | The Durham Center | Easter Seals/UCP | 800-662-7119 x 8730 | Durham Greensboro | Franklinton |
| Eastern | East Carolina Behavioral Health | RHA, Inc. | 888-962-3782 | Wilmington New Bern | New Bern |

As of May 2009

NC START is a model of community based crisis prevention and intervention services for adults 18 years of age and older with Intellectual/Developmental Disabilities (I/DD) who experience crises due to mental health or complex behavioral health issues.

Legislative funds were distributed to three host Local Management Entities (LME) to support six crisis/clinical teams; two teams per region of the state and twelve respite beds; four per region.

The teams provide crisis prevention and intervention services including assessment and treatment, training and consultation, and collaboration with community resources. Each region has a director who provides administrative oversight, a part-time PhD psychologist (0.5 FTE) who serves as the clinical director, a part-time psychiatrist (0.10 FTE) who serves as the medical director, and four qualified professionals, two per team.

The respite homes include two crisis respite beds (up to 30 days) and two planned respite beds (up to 72 hours) for each site. Each respite home has one respite director and 13 respite staff. Respite service elements include symptom and behavior monitoring, structured day activities, collaboration with the person's support team, and family support and education.